JCPS Parents as Teachers

April 2018 News to Know



April is Child Abuse Prevention Month

Volunteer, donate, mentor and engage to help families and kids. All kids deserve a great childhood.



Strong Families, Safe Kids



Wear **blue** to support Strong Families, Safe Kids & the importance of prevention!



Five Important Steps to Prevent Child Abuse

CTF4KIDS.ORG

Care for Yourself

When problems of everyday life pile up and you feel overwhelmed - take time out so that you

don't take it out on children. Learn the facts about child abuse and pay attention to the children in your life.

Care for Children

Spend time listening to a child, reading to a child or playing a computer game with a child. Children need to know that they are appreciated, loved and capable of following their dreams.

Care for Others

Support others with the children in their lives. Child abuse and neglect is a community issue and we can create our homes, schools and communities to be places where children are treated with respect.

<u>Get Involved</u>

Ask your community leaders, groups and institutions to develop services to meet the needs of children and families. Volunteer at agencies that support children and families. Stay informed about local, state and national policies that impact children.

<u>Report</u>

If you have any reasonable suspicion that a child has been or is in danger of being harmed, call the Missouri Child Abuse and Neglect Hotline at 1-800-392-3738 and 911 for law enforcement. Receive Mandated Reporter Training at Protectmokids.com

~From www.missourikidsfirst.org/pinwheels-for-prevention-2/

Have a child who will be 4 before August 1st and interested in preschool through the Jefferson City Public Schools?

The Southwest Early Childhood Center is now scheduling screening appointments for the 2018-2019 school year; calls will be accepted until all screening slots have been filled.



If your child was screened with the DIAL-4 this spring (in 2018) by your parent educator or at one of our mass screening events, he/she will not need to be screened again in May, but you will still need to call to set an appointment to fill out paperwork. If this is the case, please let the secretary know when you call that you are needing to make an appointment for paperwork only. If you are not sure if your child's screening was completed in 2018 or earlier in the school year, please contact us at 659-2350 or <u>katie.epema@jcschools.us</u> and we can check for you.

Screening will be held May 14-17. Attending screening is not a guarantee of placement into the preschool program, but is required for consideration. Again this year, there are no income restrictions that must be met for your child to be able to attend JCPS preschool as there have been in the past.



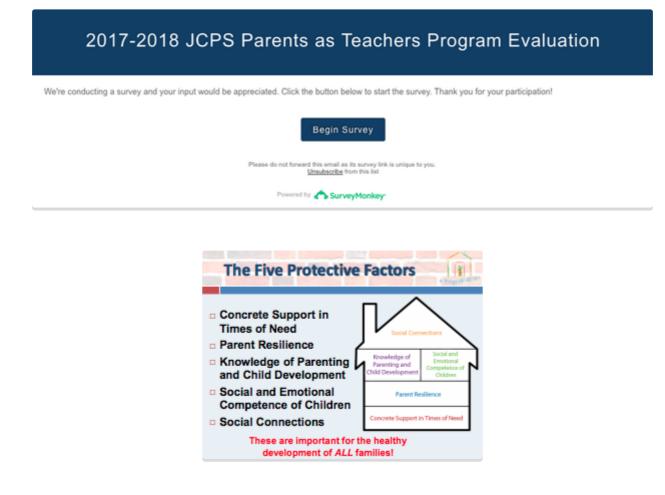
Have a child who will be 5 before August 1st? Is he/she registered for kindergarten?

Did you know that the Jefferson City Public Schools will be holding a special Kindergarten Open House event on April 19 that you can attend IF your student is registered by April 13? See Kindergarten Registration information at <u>https://www.jcschools.us/Page/10047</u>

If you plan to homeschool your child or they will be attending a parochial school, please let your parent educator know.

We need your input!

The PAT Program Evaluation and Parent Educator Evaluation survey was emailed out earlier this week. (Southwest Early Childhood Center preschool families will receive a paper survey late next week, so did not receive one via email). If you didn't receive a Survey Monkey link that looks similar to the one below (including your parent educator's name if they have one), please let us know at <u>katie.epema@jcschools.us</u> so that we can send you the link again. Your feedback is important to us and will help us plan our events for the 2018-2019 school year if it is received by May 1st. Thank you!



What Are Protective Factors?

When children are raised in loving and caring environments, they are more prepared for the future. Every family experiences challenges and stress from time to time, so all parents need help to raise children to their fullest potential and reduce the likelihood of child maltreatment.

Even when different families face similar struggles, some cope better than others. There are many reasons why families handle stress differently, but one has to do with protective factors. Protective factors are characteristics that promote optimal development by helping families succeed and thrive, even in the face of risks and challenges.

~Information from https://ctf4kids.org/about-prevention/protective-factors-training/

Parents as Teachers strives to promote and strengthen the protective factors within the families we partner with. There is also the opportunity to learn about them at the Parent Cafes being offered in Jefferson City the month. Details below in the "April Community Events" section.

April Parents as Teachers Events:

Events will be held at the Southwest Early Childhood Center, at 812 St. Mary's Blvd. in Jefferson City unless otherwise noted. Please use the main front door (the one with stairs leading up from St. Mary's Blvd. and the marquee sign in the grass out front.). Parking is around the sides and back of the building.

Tuesday, April 3: Drop In and Play Center open 4-7 p.m.

Thursday, April 19 and Friday, April 20: *Come use the inflatable obstacle course* set up for preschool Field Day from 8:30-9 a.m. either day, or 2:45-4 p.m. on Thursday. There may also be a spot available in the middle of the day--watch our Facebook page (<u>www.facebook.com/JCPSPAT</u>) for announcements. Parents are responsible for supervising their children during this time, and children must wear socks to enter the inflatable. This is best suited for children 3-5.

Saturday, April 21: *Week of the Young Child Carnival*, 9:30-11 a.m. at Memorial Park (rain location: Knowles YMCA gym). Join the United Way Early Childhood Advisory Committee to celebrate the Week of the Young Child with free games and activities for your child(ren). This is a large come-and-go event. Please watch the JCPS PAT Facebook page (www.facebook.com/JCPSPAT) the morning of the event to find out if we will be using the rain location.

Save the Date: Friday, May 11 will be the last day that the Drop In and Play Center will be open for the 2017-2018 school year.

April Community Events:

ONGOING COMMUNITY EVENTS:

Tuesdays: Preschool Story Time at the Missouri River Regional Library's Art Gallery, 10:30-11:00 am. Stories and music for preschoolers, ages 3-5. **Wednesdays: Family Story Time** at Missouri River Regional Library (art gallery) from 10:30-11:30 a.m. Stories, music, crafts, and activities for children of all ages.

1st and 3rd Fridays: Rhyme Time at Missouri River Regional Library (story hour room). Come from 10-10:30 OR 10:45-11:15 a.m. A special time of music, movement, and socialization for babies and their caregivers ages two and under.

Open Gym at Tiny Tumblers: Open Gym days are a no-enrollment free play time for kids while parents supervise. \$5 per child, ages 2-6 years. Winter Session Times offered: Monday 3:30-5:00pm Thursday 11 a.m.-12:00 noon at 2632 Industrial Drive.

Saturdays: What's Going On? Programs and activities for all ages 10 AM–2 PM. The Runge Nature Center offers exploratory tables, activities, and/or crafts every Saturday throughout the year. Stop in to see what adventure awaits you during "What's Going On?" at the nature center.

Morning Movies at Capital 8 Theater, 10 a.m. Fridays-Sundays in March and April. Those belonging to the FMG Rewards club can see any movie in the series free of charge (up to 6 tickets per show). Non-members are charged \$1/ticket. Joining the FMG Rewards club is free at the theater or <u>https://www.goodrichqualitytheaters.com/rewards</u> April 6-8: The Star April 13-15: Wonder

April 20-22: Emoji Movie

April Children's Programs at Runge Nature Center: Slugs and Snails

A silvery trail is left by a slow-moving snail. A slippery slug is slimier than a bug. Slip into the small world of these fascinating creatures this month. Registration begins April 1 for the April programs. Call 573-526-5544 to sign up for a program requiring registration. If you are unable to attend a program, please call and cancel as a courtesy to those on the waiting list. Babes in the Woods (Registration required, ages 0-2 years) April 5 • Thursday • 10–11 AM Little Acorns (Registration required, ages 3-6 years) April 4 • Wednesday • 10–11 AM Little Acorns PLUS (Registration required, For this program, you need one child in the 0-2 age range AND one child in the 3-6 age range.) April 12 • Thursday • 10–11 AM

EVENTS:

March 26 at noon-April 9: Storybook Trails "Very Special Friends" on West Edgewood.

Every Thursday night in April: *Parent Cafe* from 6-8 p.m. at the Wesley United Methodist Church (2727 Wesley St, Jefferson City), open to all parents in the community. Come join other parents in the Café to think about the parent you want to be, enhance the development and growth of all family members, and connect with other parents. Each participant that attends the Café on the following dates (April 5th, 12th, and 19th) will receive a free gift card. Dinner and graduation will be held April 26.

TO REGISTER CALL: (573) 751-6391

TRANSPORTATION: Available by Request: (573) 751-6391 Childcare: May be available. If this is a need, please indicate when registering. **Saturday, April 7:** *Itsy Bitsy Broadway Presents: Old McDonald's Farmyard Frenzy* at Missouri River Regional Library, 10 a.m. In this 30-minute adaptation of the well-known children's song, all is happy on Old Mother McDonald's Farm, until one day, a sneaky fox comes to make trouble. The animals try to warn the farmer, but she has no idea what they're trying to say. What are they going to do now?

Saturday, April 7: *Mini Safe Kids Day* at Knowles YMCA, 10 a.m.-1 p.m. Have some free fun, learn about ways to keep your kids safe and visit other booths filled with interactive games and activities! Hosted by the Columbia Safe Kids Coalition.

Tuesday April 10: *Folk Arts @ the Capitol* at the Missouri State Museum (in the east wing of the Missouri State Capitol) from 10 a.m.-2 p.m. Master craftspeople Joe and Alice Dudenhoeffer and their apprentice will demonstrate the art of split oak basket making. Stop in and ask about their apprenticeship and the art and tradition of basket making.

Wednesday, April 11: *National Bookmobile Day* at Missouri River Regional Library, 10 a.m.-2 p.m. Stop by the MRRL Park to tour the Bookmobile and play some fun games outside...you can even snap a picture "driving" the Bookmobile! Join us for Story Time at 10:30 am and 12:00 pm, with a special Story Time with Secretary of State Jay Ashcroft at 1:15 pm!

Saturday, April 14: *What's Going On? Puppet Show* at Runge Nature Center. Come join us at Runge for nature related puppet shows! We will be presenting puppet shows at 11 AM, noon, and 1 PM. Make a puppet at our craft station and then put on your own puppet show with your creation.

Saturday, April 14: *Paint the People 5K* at Binder Park, registration at 9, race at 10 a.m. Have fun with family and friends at the Paint the People 5K run/walk that features 8 color stations. By the end of this nature course, participants are fully covered in color, just in time for the color bash at the staging area at the end of the event. There is also a shorter 3K route. Register at jckeyclub.com. \$15 adults; \$10 ages 6-10; free 5 and under with each paid adult. The money raised from this event is given to United W

April 16 at noon-April 30: Storybook Trail "How to Catch a Falling Star" at Memorial Park.

Wednesday, April 18: *KidSight Vision Screening* at Missouri River Regional Library, 10-11 a.m. Representatives of KidSight will be here to offer quick, free vision screening for children six and under.

Wednesday, April 18: *Music & Making (ages 2+)* at LapSpace Robotics in the Capital Mall, 10 a.m. Craft and playtime choices for the kids, with the last 20 minutes of the hour singing and playing along to some favorite children's songs. Register in advance at LapSpaceRobotics.com (name, ages, contact info) to ensure there are enough materials. \$3 per maker.

Friday, April 20: *Family Movie Night (Coco)* at Missouri River Regional Library, 6:00-8:00 pm. Bring a folding chair, sleeping bag, blanket or pillow and join the fun. Light snacks and drinks provided. Note: This is an after-hours event. The front library doors will close at 6:15 pm.

Saturday, April 21: *Serve Jeff City,* 8 a.m.-noon. Visit <u>http://www.servejeffcity.org/</u> to sign up for a family-friendly volunteer event on this community day of service.

Saturday, April 21: *What's Going On? Archery* at Runge Nature Center, 10 a.m.-2 p.m. Archery is a lifetime sport that all can enjoy! Join us as we learn the basics of archery, what equipment to use, and how to shoot safely. Then put your newly-learned skills to the test

under the supervision of Runge staff. All equipment will be provided.

Saturday, April 28: *The Reptile Experience with Serengeti Steve* at Missouri River Regional Library, 2-3 p.m. An interactive hour for families featuring Serengeti Steve and live reptiles. Don't miss it!

Sunday, April 29: *MissionJC*, 8 am.-noon Visit <u>https://www.missionjc.org/</u> to sign up for a family-friendly volunteer event on this community-wide day of service. Childcare is available for children birth-3, but must be registered for in advance by April 16.

For more family friendly events in Jefferson City, Holts Summit, and the surrounding area, visit the events calendar at <u>www.jeffersoncity.macaronikid.com</u>.



